



DELIVERING ESSENTIALS TO LOCAL FAMILIES

Homestart Ealing

November 2020

Supporting Ealing Families

This year Homestart Ealing has been more important than ever to vulnerable families. During lockdown Homestart Ealing helped families in desperate need of basic supplies and emotional support.

Case Study

Asha is a mother of 4 who has health issues. The whole family had to shield from March to August. During this long period of isolation Homestart Ealing provided volunteer support via Zoom, online play and singing sessions for the children, and essential food supplies. Asha says her Homestart support "saved her family".



A Second Lockdown

This is going to be an incredibly challenging winter for all our families. Even before the second lockdown, we were already seeing fear of going out growing, deeper levels of isolation and the loss of income in families causing practical and mental health issues. We are working hard to support loneliness and build resilience.

Fund Raising



Search [Home-Start Ealing](#)



You shop. Amazon gives. Sign up to Amazon Smile on your web browser and select Home-Start Ealing to start generating donations, at no cost to you.

Christmas Hamper Appeal

We are unable to hold our traditional Christmas party but will be delivering Christmas hampers to our Homestart families. If you would like to donate items to the hampers please see our [Facebook](#), [Instagram](#), or [Amazon Wishlist](#) for details.

We could not have done it without you!

It has been heart-warming to work with so many fantastic organizations and energetic individuals. Thank you to The Acton Covid Hub, The Grove Community and The Felix Project for helping us deliver basic supplies, and to our amazing local community for donations of goods and money. Thanks too to Flow Aid and Hands On London for helping us deliver essential sanitary products to Ealing families and to The Baby Bank who we have worked closely with during the pandemic. Thank you to our volunteers who arranged collections and deliveries and continued to provide vital emotional support to our families.

We have been able to run mindfulness classes, courtesy of ex Ealing resident and yoga instructor Ruth Timms, and provide art therapy for the families we support. We love the creativity and friendship we have seen emerge.

A Volunteer's experience

During my time with Homestart Ealing, I have worked with 9 families supporting those with twins, triplets, and children with learning disabilities. Often the parents I have supported have been isolated and struggling with the demands of bringing up children in often difficult circumstances, financially and socially. These difficulties are exacerbated by the current Covid19 pandemic. Like all parents they are juggling the day to day management of children and support schooling, whilst often not being able to physically manage to leave the house to buy shopping or take their children out for daily exercise. Homestart Ealing is continuing to assist families by delivering essentials including nappies, formula, wipes, sanitary products, and basic food items.



EALING TOGETHER HONOURS

We are proud to have two Ealing Together Honours nominations for our work through the Covid 19 pandemic. Thank you as always to our local community for helping us help local families during this unprecedented time.

ABOUT HOMESTART EALING

Homestart is a registered charity that recruits and trains volunteers to work with families in need, providing non-judgmental, practical, and emotional support to help families experiencing some type of stress or difficulty such as isolation, bereavement, domestic violence, illness, disability, or poverty.

Since its launch in 1995, Homestart Ealing has supported more than 1800 families in the borough. Homestart runs family groups which provide a supportive environment for parents and their children and offer the chance to learn new skills, meet people and experience new things. We have adapted our way of working and embraced the outdoors and online groups. A third of families referred to HomeStart Ealing who were on the child protection register or who were subject to a child protection plan came off with volunteer support. Please help us continue to work with Ealing families.

Tel: 020 8842 1617

Email: admin@homestartealing.org

Web: homestartealing.org